

Aspiring Beginnings ELC - NEWSLETTER

Issue 4/09, 23rd June 2009

Kia ora koutou tamariki, mātua, whanau mā,

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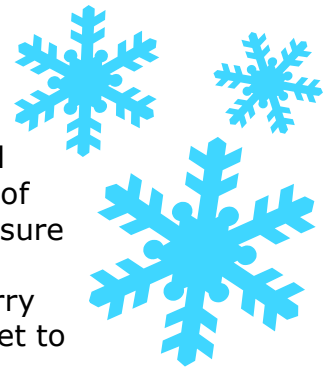
120 Warren St, Wanaka - ph 03 4431181

SNOW DAY

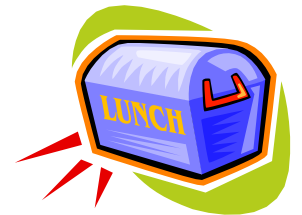


It is wonderful to see the children (and adults) having loads of fun in the snow. I'm sure the snow won't be disappearing in a hurry so the children will get to enjoy it for the week.

Thank you to the snowdrifta crew and the parent helpers for making this possible.



Jeannie Crawford had some really good ideas for healthy lunch boxes at our nutrition evening. This information is available near the lockers and please don't hesitate to ask the staff if you would like some suggestions for lunch box ideas. Just a reminder that we can heat food including toasting sandwiches.



COMMITTEE NEWS

Our committee for 2009-2010 is as follows:

Chairperson – Wayne Chamberlain

Secretary – Simone Speck

Treasurer – Karen Backhouse

Health & Safety – Phil Pendlebury

Centre Management – Jane Horrax, Jen Chambers & Kylie Cameron.

Vice Chairperson – Elanor Herd

Human Resources – Pip Gillespie

Fundraising – Marie McElrea, Kelly McLaren & Wayne

The committee has just had their meeting for this month. The next meeting is scheduled for Wednesday the 15th July.

Did you see the photo of our chairperson in the Wanaka Sun? He was getting his hair trimmed by Will McElrea at the children's Aspiring hair salon. This followed into a wacky Wednesday hair day where the children got to create wild hair styles of their own.

If people in the community ask about our centre, refer them to our website www.aspiringbeginnings.co.nz. They will find all the information about our centre including a pre enrolment application to register an interest for their child to attend.

The demand for bookings is still for children over 2 and we are working hard to try and accommodate as many of our families requests as we can. At the moment we can only offer new children bookings if they are under 12 months of age.

Thankyou to these wonderful people in our community:

😊 Constable Phil Vink for accepting our invitation to talk to the children about keeping safe and letting them explore his police car (and even play with the siren).

😊 Video Ezy for fixing our scratched CD's for free.

😊 Mitre 10 for the donation of tulip bulbs that we are looking forward to growing.

😊 Wastebusters for coming to talk to the children about wastage from our lunch boxes.

😊 To the families who purchased the Ours DVD which netted us \$30 in fundraising.

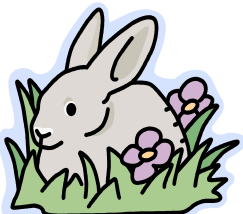
Thanks

Staffing

Jane will be back next week from her holiday in the UK, no doubt all tanned from the English sun. Sam will be relieving on a casual basis and Claire now works Tuesdays, Wednesdays & Thursdays.



Premier books have a display set up in the foyer if anybody is interested in heavily discounted books. Payment is by cash or chq into an envelope provided. We are happy to look after your payment until their monthly visit.



Please remember to roster yourself on in the weekends to feed the animals. It is only ½ hour out of each day and is greatly appreciated, not only by us but also our animals. They love having visitors in the weekend to check they are okay and have water and food. The roster is located on the door near the lockers. If you can offer 3 weekends then we can offer a refund of the grounds & maintenance levy.

Monday 6th July @ 5pm

Keep this date free in your calendar as we are having a hākari (*celebration feast*) to celebrate matariki (*maori new year*). Invitations will follow shortly.

With so much publicity with Influenza A H1N1 (swine flu), the Minister of Health has announced that NZ is transitioning to a "manage it" phase instead of a containment phase and it is unlikely that ECE centre's will be advised to close if we have any suspected or confirmed cases of swine flu. The primary measures recommended by the Ministry of Health to avoid the spread of viruses is good personal hygiene practices and parents keeping children at home if they have any of the following:

- Chills, shivering and a fever
- Muscle aches and pains
- Sore throat
- Dry cough
- Trouble breathing
- Sneezing
- A stuffy or runny nose



What's happening with Influenza A H1N1 (swine flu) Information for families

This new influenza virus was first recognised in April 2009 and presents a risk to people in all communities because no-one has any immunity to it. Most people who have contracted this virus have fully recovered but, as with any type of influenza, there can be a range of severity of illness from mild to severe. It appears to be highly contagious.

Symptoms of influenza include sudden onset of respiratory illness with fever, cough runny nose, aching muscles and fatigue. People are infectious for approximately 1 day before getting ill, for up to a week after they show symptoms.

For most people the usual treatment includes paracetamol for fever control, plenty of fluids and rest. Antibiotics are not needed unless there are complications. If you need to see your doctor please phone ahead to discuss your illness.

The best ways of minimising the chance of infection from influenza are:

- Frequent and thorough hand washing and drying
- Cover any coughs and dispose of tissues properly when used
- Stay home if you are sick
- Where possible avoid close contact with sick people
- Keep frequently used surfaces clean (benches, door handles)
- Have a seasonal influenza vaccination – from your doctor.

Ps. Holiday notice due back this week please.

If you are travelling overseas please be aware of current travel advice www.safetravel.govt.nz

Public Health Nurses can be contacted through schools if needed.

Useful websites for further information: www.who.int and www.moh.govt.nz.

Phone advice: Freephone Healthline 0800 611 116 or your family doctor

Ka kite ano, the Aspiring Beginnings Team

